

WEEKLY SCHEDULE

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Rotterdam Senior Citizens Center Activities October 16, 2017 – October 20, 2017

- Monday:
10/16/17 Brass Rail Café OPEN 9:30 AM – 2:00 PM
Alternative Healing 10:00 AM - Noon
Painting 10:00 AM - 12:00 PM & 1:00 PM – 2:00 PM
Chair Yoga 10:30 AM – 11:30 AM
Quimby Quilting Class 12:30 PM – 3:30 PM
Bingo 12:30 PM – 3:00 PM
Billiards 9:00 AM – 4:00 PM
- Tuesday:
10/17/17 Brass Rail Café OPEN 8:00 AM – 2:00 PM
Exercise Class 10:00 AM – 11:00 AM
Brain Aerobics 10:00 AM – 11:00 AM
Knitting/Crochet Class 10:00 AM – 1:00 PM
Mah Jong 11:30 AM – 3:00 PM
Pinochle 12:30 PM – 3:30 PM
Billiards 9:00 AM – 4:00 PM
- Wednesday:
10/18/17 Brass Rail Café OPEN 8:00 AM – 2:00 PM
Ceramics 8:30 AM – 12:00 PM
Tole Painting 10:00 AM – 2:00 PM
Beginning & Intermediate Osteo Exercise 11:00 AM - Noon
WOW Meeting (Working Off Weight) 11:00 AM
Bingo 12:30 PM – 3:00 PM
Magic Touch 1:00 PM -3:00 PM
Zentangle 1:00 PM – 2:30 PM
Billiards 1:00 PM – 4:00 PM
- Thursday:
10/19/17 Brass Rail Café OPEN 8:00 AM – 2:00 PM
AARP Defensive Driving Class 8:30 AM
Blood Pressure Clinic 9:00 AM - 10:00 AM
Italian Class – Beginner 9:00 AM – 10:00 AM
Italian Class – Advanced 10:00 AM - Noon
Crafts 10:00 AM - Noon
Exercise Class 10:00 AM – 11:00 AM
Guitar Lessons 11:00 AM – 1:00 PM
Pinochle 12:30 PM – 3:30 PM
Piecemakers Quilting 1:00 PM – 3:30 PM
Billiards 9:00 AM - 4:00 PM
- Friday:
10/20/17 Brass Rail Café OPEN 8:00 AM – 2:00 PM
Chair Yoga 9:00 AM – 10:00 AM
Young at Heart Meeting 10:30 AM
Beginning & Intermediate Osteo 11:00 AM - Noon
Tiny Treasures 11:00 AM – 2:00 PM
Mah Jong 11:30 AM – 3:00 PM
Billiards 1:00 PM – 4:00 PM