

## **WEEKLY SCHEDULE**

[www.rotterdamny.org](http://www.rotterdamny.org)

### **Rotterdam Senior Citizens Center Activities**

**March 9, 2020 – March 13, 2020**

***\*Please note that until further notice all Senior Activities will be held at the Viaport Mall, 93 W. Campbell Rd. unless otherwise noted***

Monday:  
3/9/20

Painting 10:00 AM – 2:00 PM – **Rotterdam Library**  
Chair Yoga - **CANCELED**

Tuesday:  
3/10/20

Brain Aerobics 10:00 AM – 11:00 AM – **Rotterdam Library**  
Open Quilters 10:00 AM – 3:45 PM  
Mah Jong 11:30 AM – 3:00 PM – **St. Gabriel's Church, Hamburg St.**

Wednesday:  
3/11/20

Tole Painting 10:30 AM – 2:30 PM  
Osteo Exercise 11:00 AM - Noon  
Zentangle 1:00 PM – 2:30 PM

Thursday:  
3/12/20

Blood Pressure Clinic 9:00 AM – 10:00 AM  
Italian Class 10:00 AM – Noon – **Sons of Italy, Hamburg St.**  
Crafts 10:00 AM – Noon  
Guitar Lessons 11:00 AM – 1:00 PM  
Piecemakers Quilting 12:30 PM – 3:45 PM

Friday:  
3/13/20

Chair Yoga 9:00 AM – 10:00 AM  
Osteo Exercise 11:00 AM - Noon  
Mah Jong 11:30 AM – 3:00 PM – **St. Gabriel's Church, Hamburg St.**  
Homemakers 12:30 PM – 2:30 PM

***Any questions, please call 518 355-7575 ext. 330***